



## Nail Care

### 2024 SkillsUSA Michigan State Championships Contest Description Task and Materials List

#### CONTEST LOCATION:

Courtyard Grand Rapids Downtown  
11 Monroe Avenue NW  
Grand Rapids, MI, US  
616-242-6000

<http://www.ourcourtyardgr.com/>

#### RESUME:

Each contestant and model must submit a one-page typed resume before the contest start at the contest site (present to contest coordinator, not judges). The resume is no longer submitted online. This is the only time that resumes can be turned in. Failure to do so will result in a 10 point penalty.

#### STUDENT MUST SUPPLY:

- a) White terry towels. No holes or stains allowed
- b) Water Bottle Dispenser
- c) All Items necessary to complete 5 sculptured acrylic nails.
  - i.) Dappen dishes must have covers
  - ii.) Monomer, Polymer, and Primer can be from any manufacturer (Tammy Taylor, CND, OPI, etc.) but all supplies must be from the same manufacturer and must in the original containers. Excluding files and forms. UV/LED light can be used from any manufacturer. Light cured builder gel can be pink or clear. Brush on gel polish is NOT allowed.
  - iii.) Two of the basic acrylic colors (pink, white, clear, or natural) must be used to complete two-tone/French manicure sculptured nails.
- d) All items used to complete 5 tip and light cured builder gel nail
  - i.) Full-well and half-well only, no French tip
  - ii.) Supplies can be from any manufacturer (Tammy Taylor, CND, OPI, etc.) but all supplies must be from the same manufacturer, excluding tips and files. Must be in the original containers.
- e) Dark Red crème lacquer/polish
- f) All items necessary to complete flat-paint nail art application, including colored nail polish, acrylic paint, gel polish, artistry brushes and dotter tools.
- g) Note: Supplies are limited to polish, lacquers, paints and top coat. (see items not allowed.)
- h) Written description of nail art theme, picture **REQUIRED**. **Must be typed!** *Note: Due at registration Saturday*
- i) **1 page resume - for contestant and model**
- j) Must provide (2) safety glasses (one for contestant and one for model)

- k) Own sanitizer jar and disinfectant
- l) Anti-microbial cleanser (for pre-cleansing hands of contestant and model.)
- m) Hand sanitizer (for use of contestant and model)
- n) Implements should be brought to the contest ready to use (cleaned and disinfected or new) \*Must be labeled!

- o) Disinfectant/Sanitation surface spray
- p) Disposable table towels
- q) Plastic bags (gallon size) for refuse
- r) Portable kit organizer (to transport all items necessary for the contest). School name must not be visible.
  - i.) Contestants will not be allowed to bring any other items.
  - ii.) The judges and technical committee will inspect the contestants' item prior to contestants entering the contest area to verify contents and adherence to above rules.
- s) Sack lunch for contestant and model - cooler with your school name clearly labeled. Students and Models are NOT allowed to leave contest site.

**Note # 1: A representative from each school must be present on Friday, April 14,2023 at the contest site no later than 3:00 PM to set up the contest room.**

**OPTIONAL ITEMS ALLOWED:**

- a) Manicure table lamp & electrical extension cord (highly recommended)
- b) Cushion for chair
- c) Oil & lotion (can only be used after judging has been completed)
- d) Timer for lamp, if lamp does not have automatic timer

**ITEMS NOT ALLOWED:**

- a) Nail Art accessories: gems, skins, feathers, rhinestones, loose glitter, glitter polish or paint that contains glitter, threads, fabrics, foils, beads, tapes, jewelry, air brushing, decals/stencils or cast moldings.
- b) Tip blenders
- c) Base Coats. **Note: Top coat or gel top coat is allowed for nail art application ONLY**
- d) Electric Files/Drills

***ANY OTHER ITEMS BROUGHT BY THE CONTESTANT MUST BE DECLARED AT THE CONTEST BRIEFING SESSION.***

**TECHNICAL COMMITTEE WILL SUPPLY:**

- a) Technical guidelines for the specific application required to be performed.
- b) One electrical outlet per contestant

**1. Acrylic Nail Application**

1 hour allotted - All five fingers of the *model's right hand* are to be sculpted with forms, no tips, using the two-tone/French-manicure technique. Based on salon quality nails, the following will be evaluated:

- Acrylic Application: product control, clarity/no bubbles, smile line, c-curve, arch, thinness and continuity.

Finished Appearance: smoothness, shape & length consistent finger to finger and proportionate to hand, high-gloss shine and cuticle involvement

**2. Tip with Light Cured Builder Gel**

45 minutes allotted - All five fingers of the *model's left hand* are to have nail tips applied and blended (full-well and half-well only no French tip) and overlaid with a light cured builder gel. Based on salon quality nails, the following will be evaluated:

- Tip Application: fit, alignment, **blending**.
- Application: product control, even coverage of gel product, and thinness.

- Finished Appearance: clarity, smoothness, shape & length consistent finger to finger and proportionate to hand, high-gloss shine and cuticle involvement.

### **3. Nail Art & Polish Application**

1.5 hours Allotted for Lacquer & Nail Art Application

Two coats of Dark Red Crème Lacquer/Polish is to be applied to the *model's right hand*.

No top coat to be used.

The following will be evaluated:

- Neatness, coverage, evenness and cuticle involvement.

Nail art is to be applied to all 5 fingers of the *model's left hand*. A specific theme is to be carried through on all 5 fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contest check in.

Themes should be typewritten, may be decorated and must be contained in the plastic sleeve. Diagrams/pictures of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions. Once all judging is complete, props may be used to enhance art during the parade of models. All nail art must be created using polishes, lacquers, gels or paint only! The following will be evaluated:

- Creativity; theme, follow through of theme, artist expression, and color coordination.
- Precision; neatness and clarity of lines.

Contestants will be evaluated on safety and cleanliness of their work station.

\*Top coat or gel top coat may be used for nail art only.

### **4. Oral Professional Development - 30 minutes**

Judges will provide a natural nail care scenario. Competitor will provide a mock consultation lasting 2-3 minutes.

- Immediately introduce yourself to judges. Use first name only and do not mention school/chapter.
- Pay special attention to body language, eye contact, tone of voice.
- Be prepared to discuss the following;
  - Recommended natural nailcare services
  - Results client should expect
  - Homecare products the client may need to purchase to obtain

**5. Written Examination \* Note: Nail Care General Knowledge Technical Assessment will no longer be offered at the contest site. Students will access this scored 50 question assessment online during the state testing window. The Professional Development Test will also be administered online and will be used as a tie breaker.**

**\*\* COMMUNICATING BETWEEN THE CONTESTANT AND THE MODEL  
COULD LEAD TO DISQUALIFICATION.**

**\*\*NO CELL PHONES ALLOWED AT ANY TIME DURING THE  
DURATION OF THE COMPETITION.**

**\*\*CELL PHONE USE IN THE COMPETITION/HOLDING AREA  
WILL LEAD TO DISQUALIFICATION.**

**CLOTHING REQUIREMENT:**

Official SkillsUSA dress- **without blazer, no jewelry including watches and smartwatches. Plain white shirt, with or without buttons, with or without collar, no undergarments showing. Black dress slacks, or black knee-length skirt. All black closed-toe shoe with heel no higher than 1". No boots allowed, including dress boots. Socks or hose are not required but if contestant or model chooses to wear, they must be plain black socks, or skin tone seamless hose.**

**Competitor and Model Professional Appearance: must have clean hair pulled away from face, tied back if long and professional in appearance.**

Revised 1/03/24

**Skills USA Michigan  
Nail Care  
Program Schedule**

<b>NAIL CARE</b>		
8:00 - 8:15	Contestants Report/Orientation	
8:15 - 8:20	Setup for Acrylic App.	5 Minutes
8:20 - 9:20	Acrylic Application	1 hour
9:20 - 9:30	Judging and Clean up	10 Minutes
9:30 - 9:35	Setup for Cured Gel	5 Minutes
9:35 - 10:20	Tip with Light Cured Gel	45 Minutes
10:20 - 10:30	Judging	10 Minutes
10:30 - 11:00	Orals	30 Minutes
11:00 - 11:30	*Lunch*	30 Minutes
11:30 - 11:35	Setup for Nail Art and Polish	5 Minutes
11:35 - 1:05	Nail Art and Polish Application	1.5 Hours
1:05	Contestant Return for Judges Meet & Greet/Clean up	Until done











