



## First Responder CPR

### 2023 SkillsUSA Michigan State Championships Contest Description Task and Material List

#### CONTEST LOCATION:

Amway Grand Plaza Hotel  
187 Monroe Avenue NW  
Grand Rapids, MI 49503, US (616) 774.2000  
<http://www.amwaygrand.com/>

#### RESUME:

1. Each student must submit a one-page printed resume before the contest start at the contest site (present to contest coordinator, not judges). The resume is no longer submitted online. This is the only time that resumes can be turned in. Failure to do so will result in a 10 point penalty.
2. **IMPORTANT** - *Contestants will be required to present certification credentials from a nationally recognized source in First Aid/CPR/AED in order to compete.*

#### TASKS TO BE PERFORMED:

1. Contestants will demonstrate their ability to assess, perform procedures and take appropriate action based on scenarios presented related to the following topic areas:
  - a. First Aid/CPR/AED for the adult, child, infant
  - b. Choking victim (Chest compressions will be the only accepted procedure for unconscious choking)
  - c. Bleeding
  - d. Seizures/convulsions
  - e. Drowning
  - f. Burns
  - g. Head, neck and back injuries
  - h. Dislocations and broken bones
  - i. Eye injuries
  - j. Diabetic reactions
  - k. Sprains
  - l. Wound care
  - m. Heart attacks
2. All skills demonstrated will be based on nationally accepted standards as identified by the American Red Cross for first aid emergencies, the American Heart Association for CPR, the National Safety Council and Medical First Responder texts.
3. CPR will be judged based on 2015 ECC standard.
4. The written test will be made up of questions from the American Red Cross, American Heart Association, Medical First Responder (publisher: Brady), and based on National

Curriculum.

**STUDENT MUST SUPPLY:**

- Airway barrier device appropriate for CPR
- Surgical gloves
- Resume - 1 page
- #2 pencil
- First Aid/CPR/AED card from nationally recognized organization

**TECHNICAL COMMITTEE WILL SUPPLY:**

- Mannequin(s)
- AED Trainer(s)
- Any other materials necessary to correctly complete tasks.

**CLOTHING REQUIREMENT (if different from National contest):**

- SkillsUSA work shirt, plain white shirt or plain white polo shirt
- Dark pants with belt
- Black leather shoes
- No school logo, name or identifying marks of any kind.
- No electronic devices allowed

**\*\*\* ANY DEVIATIONS FROM THESE STANDARDS WILL RESULT IN UP TO A 50 POINT DEDUCTION.**

Revised 1/23/2023

SKILLS USA STATE CONTEST  
SCORECARD FIRST RESPONDER/CPR

<b>First Responder/CPR Score Sheet</b>									
								DEDUCTIONS	
CONTESTANTS		CPR/AED	INF. CPR	BLEEDING	TRAUMA	WRITTEN	TOTAL	RESUME	CLOTHING
NUMBER	MAX	225	225	225	225	100	1000	-10	-50
DATE								JUDGES	SIGNATURE
Clothing penalties Shirt -20, Pants -15, Shoes -10, Socks -5.									

